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Helping your dog to learn to be calm during storms

Please follow the checked off methods for your pet during storms. Remember for non storm days to train your dog to go to the safe room, lay down and be quiet for 5 -10 minutes to learn how to settle in a safe area.

_____ DAP collar on all the time. Renew monthly. Wear it tight like a belt.

Storm time:

_____ Give appropriate anti-anxiety medication at least 1 hour before weather changes.

_____ Tell dog to go to their safe area – hiding place where calm, bathroom or basement or crate.

_____ Give your dog a Kong toy with peanut butter (frozen) to distract him or her.

_____ Use snug fitting T-shirt or cover your dog with a loose blanket.

_____ Play heavy beat rock, disco or north African (belly dance) music at a moderate level.

_____ Close the blinds, cover the crate with a blanket to decrease noise and lightening.

_____ Humans stay calm, no excessive petting, high pitched voices or agitated action.

(Get you and family in safe area early in bad storms to avoid chaos)

Written by Dr. Sally J. Foote at the Okaw Veterinary Clinic www.okawvetclinic.com